

## 4 Parts of a Discipleship Meeting

### 1. Prayer & Worship (5 minutes):

Ask "What are you thankful for?" and "What do you want to see God do?". Then take turns giving thanks for what you are thankful for and asking God to do what you want to see Him do.

### 2. Bible study (20-30 minutes):

Read through a book of the Bible together one chapter at a time. After reading one chapter together, discuss what you read by asking these five questions: "What stands out to you in this passage?" "What does this chapter teach us about God/Jesus?" "What does this teach us about people?" "What does this teach us to believe?" "What does this teach us to do?"

### 3. Training (5-10 minutes):

Train your disciple in one of the five practices of a fruitful life (baptism, Bible reading, prayer, church fellowship, disciple-making) using the training instructions listed on this page.

4. Goal Setting and Accountability (10 minutes): Review your trainees goals from your previous discipleship meeting and have them set new "Grow" and "Go" goals for this week asking, "What are you going to do to GROW in your relationship with God this week?" and "What are you going to do to GO make disciples of Jesus this week?"

## Practice #1: Baptism in Water and Holy Spirit

Read Acts 2:38-39. Jesus commands His disciples to be baptized and promises to fill all His followers in the Holy Spirit. Are you willing to be baptized and receive the Holy Spirit? Baptize them in water and pray for them to be filled with the Holy Spirit.

Explore More:

- What is baptism? Romans 6:3-4—Baptism is a symbol of our life, death, and resurrection with Jesus. It also means that we have died to our old life and been raised to a new life with Jesus.
- Why should we be baptized? Mark 16:15-16—Jesus commands us to be baptized as part of our faith response to receive His offer of salvation.
- Who should be baptized? Acts 2:38—Everyone who repents and believes.
- How should we be baptized? Matthew 3:16—Jesus went down into the water.

Date completed: \_\_\_\_\_

## Practice #2: Bible Reading Plan

This practice exercise will help you hear and respond to God through the Bible. Take five minutes to read Psalm 1 using these four steps: 1. Pray and ask God to speak

to you as you read the Bible. 2. Listen to God by reading the Bible. 3. Underline or highlight the verses that stick out to you. 4. Talk to God about those verses asking him to help you believe and obey them.

How long do you want to read the Bible each day?

When will you read the Bible each day?

What book of the Bible will you read in each day?

## Practice #3: Prayer Plan

1. How long do you want to pray each day?

2. When will you pray each day?

3. What will you pray for each day? Use the Lord's Prayer in Matthew 6:9-13 as a template for what to pray about during your prayer time:

- Worship (v. 9): Express praise to God and thank Him for specific things you are grateful for.
- Intercession (v. 10): Think of people and situations you want God to intervene in and pray for His Kingdom to come and will to be done there.
- Petition (v. 11): Ask God to meet specific needs that you have (spiritual needs, physical needs, emotional needs, relational needs, financial needs, family needs).
- Confession (v. 12): Confess your sins to God and receive His forgiveness. Forgive others who have hurt you.
- Spiritual Warfare (v. 13a): Pray for protection and deliverance from demonic attacks. Ask God to help you overcome any sin or temptation you are currently facing.
- Praise (v. 13b): Thank the Lord for hearing you and declare the victory of Jesus!

## Practice #4: Church Fellowship Plan

What church family will you regularly meet with and when do they meet?

How are you participating in your church family?

Prayer and Worship?	YES	NO
Learning the Bible?	YES	NO
Giving?	YES	NO
Accountability?	YES	NO
Serving?	YES	NO

## Practice #5: Disciple-Making Plan

Work together through the training worksheet on the back side of this handout. (This will take 45-60 minutes.)

## **WHY should I share the gospel?**

Read Mark 16:15-16 and Matthew 28:18-20. According to these verses, why should we share the gospel with people and make disciples of Jesus?

## **WHAT do I say?**

Trainers: Teach your trainee how to share the gospel using the 3 Circles illustration. After you show them how to do it, have them practice sharing it with you multiple times and give them constructive feedback until they feel confident sharing it.

## **WHO do I share the gospel with?**

1. Write down the names of 20 people that you know who may be far from God? (family members, neighbors, teammates, Facebook friends, classmates, coworkers, cashier at grocery store, barista at coffee shop, etc.)

## **WHEN will I share the gospel?**

Date completed: \_\_\_\_\_

2. Circle the three people from your list that you want to share the gospel with first.